

Short description of the course:

This course, “Living Forward, Reflecting Afterwards”, is aimed at developing the competences of those youth workers involved in social inclusion activities with young prisoners. The objectives of this project are:

1. To provide a space for sharing experiences and best practices of those professionals working with young prisoners in several European countries and with special regard to those difficulties they normally have and how they overcome them;
2. To explore and learn about a new educational approach called DRAMA PRETEXT in order to improve the quality of the youth work done with this sensitive target group;
3. To develop the skills and attitudes of youth workers in Europe through non formal education methodologies in order to better face and solve interpersonal communication and interaction with young prisoners;
4. To give tools and methods to youth workers for better plan future social inclusion activities through YiA Programme such as Action 1.2 Group initiatives within the prisons;
5. To develop the competences of participants in developing their own drama pretexts adapted to the group of young people they work with;
6. To set the ground for future collaboration and joint projects among the group of participants.

Profile of the participants: - Youth workers.

Promoter	Number of persons	From	To	Total costs (100%)	Grant requested (70%)
Malta UNESCO Youth Association	2	Malta	Lorca	800,00 €	560,00 €
Youth Academy of Ida-Viru	1	Estonia	Lorca	500,00 €	350,00 €
MTÜ Edela Eesti Arenduskeskus	1	Estonia	Lorca	500,00 €	350,00 €
Support for Youth Development Association	2	Rumania	Lorca	800,00 €	560,00 €
Sports Club Economist	1	Bulgaria	Lorca	400,00 €	280,00 €
Associação Check-in-cooperação e desenvolvimento	2	Portugal	Lorca	600,00 €	420,00 €
SRA EPeKa	2	Slovenia	Lorca	800,00 €	560,00 €
HELPI Ifjúsági Információs és Tanácsadó Iroda	2	Hungary	Lorca	860,00 €	602,00 €
Stand International	2	United Kingdom	Lorca	480,00 €	336,00 €

Centrum Inicjatyw Młodzieżowych HORYZONTY	2	Poland	Lorca	800,00 €	560,00 €
CEF A.D.S.E.A 77	2	France	Lorca	650,00 €	455,00 €
Association "Focus – European Centre for Development"	1	Bulgaria	Lorca	400,00 €	280,00 €
Avellino Province Youth Forum	2	Italy	Lorca	600,00 €	420,00 €

Travel details:

The nearest airport to Murcia is Alicante Airport. From there you will have to pick-up a bus (the schedules are attached) to Murcia in order to be at the Meeting Point at 8:30 PM as latest!!! (we will not reimburse extra accommodation and food for the ones that will not be able to be on time)

From Murcia a bus will pick you up till the place where the TC will take place, La Casa del Trigo. You will have to provide me (Nicoleta) the flight details - arrival, departure time, the costs of the tickets. Please don't forget that the arrival day is 2nd of April and the departure one is 11th of April 2012 ☺.

Regarding the travel costs, below you can see a table with the travel expenses. HREYN will reimburse 70% of the travel costs. Please try to find the cheapest way to travel, since will have to pay the bus, which will pick you up from Murcia to Casa del Trigo.

My phone number is 0034 697244876 in case you will have difficulties of any kind.

The meeting point:

The meeting point will be in front of the Cathedral, the main entrance, in Plaza Cardenal Belluga (a map will be attached). It's 20 minutes walking from the bus station. Somebody from our organization will wait you there at 8:30 PM.

Venue:

We would like to give you some information about the venue we will be living and working together.

The place we will be is called CASA DEL TRIGO (Wheat House), it is a very special place located in the municipality of Caravaca de la Cruz, a very old and monumental town in the Region of Murcia. CASA DEL TRIGO is located 7 Km far from the town. It is in a green rural area called La Encarnación. The house is big and it is our brand new training centre. You will be the second group coming to participate in an educational activity in this house!!

The house is not just 1 house, it is divided in three houses, and one is for about 10 people as well as for the kitchen staff that is living there. It has all

you may need including a living room for spare and social moments and Internet connection. Then there's also the main house, with two floors for about 6-7 people each. Beds are bunk type, so, 3 or 2 bunks in each room, Rooms are really big and comfortable. No need to bring your bedding or sleeping bag, **BUT PLEASE BRING YOUR TOWELS**. Working room will be also in the main house. In each floor there's a bathroom with 3 -2 showers and 1 WC.

Some advantages in our opinion will be the fact that our food will be ecological and almost totally organic as well as partly vegetarian, which is in line with the type of activities we will do. Incorporating too much meat in the menu would not help your body and mind to focus in the kind of work we will do together (i.e.: art therapy, introspective activities, communication activities, and so on). Still some meat will be served in some meals. Another advantage is that working spaces are just great and specially designed to facilitate introspective work, meditation, as well as other multiple educational activities.

For us this house is the result of an extraordinary amount of energy and passion in order to create a place for inspiration, learning, discovery and self-awareness. Because we believe in social change and we are convinced that this world will not change if we ourselves, as individuals don't change, we promote certain habits and behaviour in our/your CASA DEL TRIGO. For instance:

1. We would ask you to keep silence after midnight and to socialize or play games in the second house where a living room is foreseen for you spare moments.
2. **We would ask you to wash ecologically your dish, glass, spoon, fork and knife after each meal and leave it ready for the next meal.**
3. We need from you to collect the water out after showering if you see some in the floor of the bathroom. (Still bathrooms and common spaces will be cleaned every morning by our staff)
4. We ask you not to smoke inside the house and not to eat or drink in your bedroom.
5. And last but not least we would kindly ask you to be aware of the food you take from the buffet, that's to say, take what you can really eat. We don't want to waste food at all!

Thanks in advance to everybody for your understanding and collaboration.



